
Flooding

Read each statement and fill in the appropriate TRUE or FALSE bubble.

	TRUE	FALSE
1. Our discussions get too heated.	<input type="radio"/>	<input type="radio"/>
2. I have a hard time calming down.	<input type="radio"/>	<input type="radio"/>
3. One of us is going to say something we will regret.	<input type="radio"/>	<input type="radio"/>
4. My partner gets too upset.	<input type="radio"/>	<input type="radio"/>
5. After a fight, I want to keep my distance.	<input type="radio"/>	<input type="radio"/>
6. My partner yells unnecessarily.	<input type="radio"/>	<input type="radio"/>
7. I feel overwhelmed by our arguments.	<input type="radio"/>	<input type="radio"/>
8. I can't think straight when my partner gets hostile.	<input type="radio"/>	<input type="radio"/>
9. I think to myself, "Why can't we talk more logically?"	<input type="radio"/>	<input type="radio"/>
10. My partner's negativity often comes out of nowhere.	<input type="radio"/>	<input type="radio"/>
11. There's often no stopping my partner's temper.	<input type="radio"/>	<input type="radio"/>
12. I feel like running away during our fights.	<input type="radio"/>	<input type="radio"/>
13. Small issues suddenly become big ones.	<input type="radio"/>	<input type="radio"/>
14. I can't calm down very easily during an argument.	<input type="radio"/>	<input type="radio"/>
15. My partner has a long list of unreasonable demands.	<input type="radio"/>	<input type="radio"/>